

Fearless passion: find the courage to do what you love By Yong Kang Chan " "What if I pick a wrong career path again? Wouldn't I waste more money and time?" "What if I don't have the talent to pursue what I love?" Do you feel trapped in your current job and don't know what to do about it? Fearless Passion aims to release you from the fears that are holding you back and inspire you to take action on your passion. But there's a downside (and a reason for not giving 5 stars): I think the book overstates the word passion (I was close to putting the book aside because I didn't want to read the word one more time. A chapter about how to manage your multiple passions is kind of over the top (=a luxury problem) as most people will have difficulty finding one (although the book tries to help there.

Psychology Amazing book for finding your passion! I enjoyed reading all the personal stories about how the author left a career as an accountant to pursue his passion in animation. Connect with him via these social media platforms: Website: {site_link} : {site_link} : {site_link} : {site_link} : {site_link} : {site_link} {site_link} Wouldn't it be wonderful to do what you love every single day? Many of us graduate from college and plunge ourselves into the working world only to realize that our job is not a good fit for us. We feel stuck Fearless Passion shows you how you can expose your hidden fears and harness them identify your current passions and discover new ones use your passions to build the skills you wanted to say what I was really thinking but at least I can read about someone who had the courage to change his life. Chan presents effective exercises to identify the reader's passions and provides direction in developing the courage to work past fears and live the fulfilling life we see for ourselves. That for example you might not want/ be able to leave your job so it gives you tips on how to stay focused with your passion while giving you the time to leave your job appropriately. As above I've mentioned that it's written well and the author has a lot of good points arguments and examples as to the situations you might encounter once you've decided to follow your passion. (I did however really enjoy the author's definition of passion - how it's something that you still feel the drive to do even after the initial crush you felt towards it has run out.) On the other the book is very basic and doesn't exactly provide anything new or particularly profound about the human nature recycling sentiments that could be found pretty much in any other self-help book that even scratches the whole notion of motivation doubt or fear in the human experience. Even when you have already thought over the same things as I had it won't hurt to go through the subject matters once more and see if there is something more to reflect on or to see if your previous self-reflection has taken you anywhere. Sometimes I felt it was motivating thinking it just might be what someone somewhere needs to get that one last push to stop attending one's personal pity parties and start doing something to achieve a life that feels a little more fulfilling and meaningful. But I'm more an advocate of maintaining a middle-ground mindset and believe going into either extreme end of the negative-positive spectrum will prove to be just as much of a hindrance. Negativeness for sure is the worse extreme end but being overly positive may blind you to the realities of your current situation thus preventing you from finding the proper course of action. (That said you can probably start guessing quite nicely why exactly the whole dualistic view on following your heart versus following your mind was most enraging for me during this read. I understand the author isn't a native speaker (and neither am I hence one can feel free to take this bit with an entire spoonful of salt) but that is all the more of a reason for him to get a good editor for his next book should he write one. Good language equals better credibility! If you just need that one upbeat encouraging pat on your shoulder to start pursuing something that is of interest to you this book just might be for you. (Note: On Amazon I gave the book 3 stars as on said site an ok read is apparently indicated by three stars while on Goodreads an ok read is indicated by a two star rating.) Spirituality Philosophy Psychology I've read quite a few books in the genre of personal development and I can say that Fearless Passion by Yong Kang Chan is definitely one of the good ones! I found Fearless Passion to be a wonderful read. I enjoyed the format of the book with its easy-to-follow well-organized subheadings that help highlight key points in the discussion and the frequent use of summary lists that show you the main take-away lessons in clear bullet-point fashion. And this book

not only addresses how to find your passion it also addresses how to let go of any fears that may be holding you back and how to go about finding and applying for the job of your dreams even to the extent of how to deal with unsupportive friends and family. Thorough! Given that I'm at a stage in my life where I'm feeling a bit stagnant and am looking to uncover undiscovered passions this book left me feeling motivated to sign up for some fun classes and courses I've been thinking of taking up. This he is certainly doing: the largely-positive reviews on Amazon about this book may result from the 100 people he chose from Goodreads giveaway to send a free PDF to in exchange for said Amazon review. Finally I think that some of the sample stories are too weak (I get what he's trying to show but still one or the other story feels a little so what) things are a little naive in places and there was a dry phase about 2/3rds into the book where it turns a little slow. I have read all the classics from Napoleon Hill and W Clement Stone and Earl Nightingale and enjoyed the more recent gurus including Zig Ziglar Brian Tracy Wayne Dyer and others. So if you can not fail what is holding you back? What are you afraid of? I did get a free copy of the book from the author but I read it completely and this review is my own opinion. com/SpiritualityPhilosophyPhilosophyPsychology/ I received a free e-book from the author in exchange for an honest review/I have some mixed feelings about this book: on one hand there are moments when it makes the reader quite enthusiastic about the possible changes on the other hand most of the statements are quite bold and adequate only when it comes to certain type of people. All that time I was still trying to find something better but if you spent 10 hours at work and 1 hour commuting there is hardly any time left to improve your situation. I like my current job and I have time for my passions and hopefully one day I will earn enough money just on doing what I love but I cannot imagine giving this book to some of the people I've had the opportunity to meet on my way: they have families they are responsible for they may be living in 3rd world countries or really poor conditions (crisis remember?) they fight to survive, Thoughts and fears run through our mind: "I have already invested so much in my previous education, The biggest mistake is not choosing the wrong career — it's sticking with a career that makes you unhappy. Based on the author's own personal story and many others.

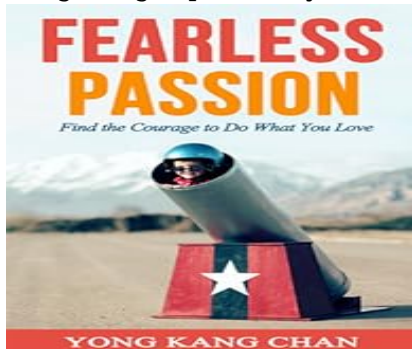
Find time to pursue multiple passions and make a smooth career transition, It's a book to inspire everyone to love themselves more by doing what they love, Fearless Passion includes successful stories from: Yong Kang Chan (the author) - An accountant who left his job to pursue his passion for animation: Simon Gudgeon - A world-renowned sculptor who only discovered his passion for sculpting when he was forty years old: Larry Jacobson - An entrepreneur who gave his successful travel business to sail around the world and later became an award-winning bestseller author, Peter Yang - A senior manager who left his job to set up a social enterprise that helps nonprofit and social organizations. Dan Conway - A jobless youth-worker who created a viral marketing campaign that got him the advertising job he always wanted. TaJuan TeeJ Mercer - An award-winning Hollywood TV editor who later became an International Bestselling Author and a reality TV coach, Leanne Spencer - An account director who left her job to be a personal trainer and fitness entrepreneur, Anne Rupert - A manager in the real estate industry who left her job for a six month career break to reconnect her passion for the Arts: Dr Siew Tuck Wah - An aesthetic doctor who used to be afraid of dogs but now heads a nonprofit group to save stray dogs. Fearless passion: find the courage to do what you love Many times I haven't found the courage to do what I wanted.

General live or even budget advice: I think the author has made his homework and delivered a pretty complete picture of how to effectively be successful in following your passion. The writing is consistent and feels easy; I can imagine YKC talking in pretty much the same style. ;-)) and is presumes a somewhat loose definition of what a passion is (a too wide one IMHO), At least for me there is a definite difference between a passion and something I enjoy doing, He gives some good illustrations in his life as he goes through the process of discovery. The book gives some great advice for learning what you want to do in life, I gained plenty of insight and ideas just reading the different parts of the book and further examples from other people's lives, There are good questions to guide

your quest in figuring out your passion. And there is some in depth help for understanding the differences between things you're interested in and things you are passionate about. It's an amazing guide for helping change careers and find what you are meant to do: Spirituality.

Being Peaceful when the Mind is Noisy Doing and achieving don't always make you happy. When you have low self esteem and a critical voice in your head it's tough to enjoy your life in peace. Reaching your goals is important but you have to enjoy the process too: In his books Yong Kang provides insights on self compassion and mindfulness to help you be kinder to yourself and transcend your suffering. Unlike other psychology and spiritual books his content is easy to understand: He uses simple modern examples in life to explain complex concepts and ideas: You can learn the teachings in his books without any technical or scientific knowledge, Best known as "Nerdy Creator" online Yong Kang is both analytical and creative: If some Being Peaceful when the Mind is Noisy Doing and achieving don't always make you happy. When you have low self esteem and a critical voice in your head it's tough to enjoy your life in peace, Reaching your goals is important but you have to enjoy the process too, In his books Yong Kang provides insights on self compassion and mindfulness to help you be kinder to yourself and transcend your suffering, Unlike other psychology and spiritual books his content is easy to understand, He uses simple modern examples in life to explain complex concepts and ideas: You can learn the teachings in his books without any technical or scientific knowledge. Best known as "Nerdy Creator" online Yong Kang is both analytical and creative: If someone like him can overcome depression and his noisy mind you can do it too, Learn how you can live a peaceful life by checking out his books below, Spirituality Philosophy Psychology An excellent book for self reflection and goal setting: Spirituality Philosophy Psychology Just to let you know I received a free review copy of this book in return for an honest review: Fearless Passion is a book where the author Yong Kang Chan draws on his own life experiences to help you with your own passion: He takes you through the various stages of leaving his own career finding temporary employment with HBO Asia and the various bits about learning of his passion animation: Not only that but the author has collected all sorts of stories from varying people and what they did in order to overcome the obstacles and find their own path to passion. The first thing I like is how the author draws from his own experiences, In many other books I've read in this fashion it seems like it's easy for those authors to become conceited, However this author does a particularly good job of using scenarios that we can all draw some experience from: He talks in varying chapters about things many people experience during childhood, Many of these examples are things like classroom and school related learning new things like riding a bike bullying and other things many people will have experience of: Likewise other examples can be very general and he references movies books and famous people, While the book gives you support on following your passion it also gives you tips on how to do it even if you haven't got a passion. It encourages you to look at yourself and find what you truly enjoy. Once you've found your passion and determined what you want to do it then gives you a bunch of information on what you might want to do: It questions whether you'd like to do it full/part time what kind of goals you'd like to achieve and even how it might affect your friends and family. I think the most valuable piece of advice in the book is the way of subtly transitioning into your passion, It's pretty well written and gives you a lot of information and ideas towards what you could do to follow your dreams, My only thought is that some of the text might not be entirely relevant to everyone: In that respect you don't need to follow everything the book says, One person might use various things from the book taking whichever portions they find inspiring or helpful while another might use different bits entirely. I did like the way that the author scouted experiences from other people as well drawing from their different experiences to illustrate his points, Spirituality Philosophy Psychology I received a free ebook copy of this book from its author in exchange for an honest review on Amazon, On one hand I can definitely see why and how this could be an useful book to some people even if I didn't personally find it so: I was rather fond of the fact Yong Kang Chan added exercises to his book, It's one thing to advice people on what they ought to do and another to actually make them practice doing it: Exercises like the ones presented in this book are

helpful in terms of identifying the actual problems in your thinking as they force you to recognize and reflect on them. Unfortunately sometimes the constant positiveness did feel almost juvenile and as such off-putting:)As mentioned before the sentiments in this book can be found in a plethora of other self-help books or mere blog posts from writer's dealing with every day psychology: Many of these books are much better written than Fearless Passion: The problem with his language wasn't exactly that it'd be hard to comprehend - on the contrary the language was quite understandable the thought processes easy to follow. There were some minor grammar mistakes but I hardly had an issue with those. What became a problem for me was how little variation there was in the sentence structures: If you write short phrases only the overall text becomes terse and boring to read: Likewise using only long sentences is a no-go as well as they can make the book feel laborious to read. Yong Kang Chan's language is very reader friendly in a way but he could do so much better with a proper language editor, Other self-help books I've read in the past can feel a bit like hard work to get through but this one was really enjoyable, I felt like I was talking with a friend who was giving me an inspiring pep talk!The writing:The writing style is simple clear has a good flow and is easy to digest, Gripping opening sentences in each chapter enticed you to keep reading. Use of Real-life examples:I really liked how Fearless Passion included real-life examples of how real people dealt with finding their passions and pursuing them. I find it's much more inspiring reading such real-life stories than just reading impersonal advice dictating what you should do: I also enjoyed the inspiring snippets of insight into famous people's success stories like Walt Disney Julia Child and Grandma Moses, Practical Applicability:Unlike other books that are more theoretical than practical Fearless Passion includes lot of great applicable tips and exercises on how to unearth what your passion is. As the book says: Starting is as simple as picking what feels right to you and just doing it, Thank you Yong Kang! Spirituality Philosophy Psychology



I read this book through Goodreads First Reads and I couldn't get past page 50: Oversimplified metaphors and empty statements (Just do what you love! Don't give up!) that can be found in any plethora of self-help books resulted in a read of zero originality. Most of the stories came from the author's own life making this mainly an autobiography. I was particularly amused by the statement you don't need discipline if you have passion: There's literally a heading in the book entitled No need for discipline anymore. I don't think there's a single person advanced in their field who got there without the help of discipline: The one good point in this book was the author's argument you need to market yourself, Overall vague feel-good sentences decided to trump up enthusiasm while the book is in your hands but that will do little afterward: Spirituality Philosophy Psychology Here writes a guy who believes -and seemingly lives- what he says. The book is about following your passion and I think it's a good book: It is truly motivating and it tries to help overcome barriers that are blocking the way (or at least seem to do): Partially the book widens its scope to offer some time management too), Partly the book emphasizes more on pursuing a happy life (by following, >Note: I received a free evaluation copy from the author< Spirituality Philosophy Psychology Admittedly I am a geeky self help reader: So I know the information presented in many newly published books is taken from those classic ideas, What Yong Kang Chan brings to the field is not only a fresh approach but also new examples of others who have succeeded including himself. The exercises included were simple enough but succeeded in getting me to think deeper about WHY I want what I want. He reminds us that we have to do more than THINK positively. No matter what result you get from your

action positive or negative to use it as a learning experience and a new starting point. Some may feel they have no passion; others can not decide from many passions. This book is a wonderful start point to choosing a passion to follow, Yong Kang Chan also tells us it is OK to change your mind and your direction during your journey: Yong Kang Chan also offers free chapters on his website if you want to see more: Wouldn't it be great if we all could just do what we love? Sure it would: But honestly do you REALLY think we all can afford it? I've spent years doing things I truly hated because I needed money not for pleasure but to eat and pay the flat. Conclusion: the book is great for those who have enough money to survive even without job, Chapter number 4 that focuses on money and how to afford it is still addressed only to these people. If you keep buying things that are unnecessary you believe that money can buy you happiness, How could I show that to a family where buying bread every day is a luxury??The book is full of bold statement like this one some of them very general. If you just need a bit of motivation to improve your life you should read it. But if you are looking to solve your problems that's not the way sorry, I know the author is not a native speaker (neither am I) so I believe the best would be to give the whole text to a professional editor[1]

Not knowing whether to change our career or not. I can't possibly give it up now. Fearless Passion isn't just a book on career change. Not everyting I am enthusiastic about is already a passion. I highly recommend this book. It's essentially just a guide.Overall I think it's worth five stars.I am somewhat torn by this book.The overall tone of the book is very upbeat. The vibe of the book is positive upbeat and motivating. If it's not your passion you will know it. In that case pick another one and just start again. you get it); which is ok but not really the topic. But it gets back.3.5 stars actually.I appreciated his anecdotes reinforcing the principles he shared. We have to attach emotion and take action.<http://www.nerdycreator>. Yes I've done it. Also there are some language problems. Spirituality Philosophy Psychology.